



Margaret Rose

Margret uses both directive and none directive processes to encourage creative potential and promote growth in order for her clients to succeed in future top positions. She also uses a variety of coaching frameworks and tools from psychology, coaching and supervision to enhance self-awareness regarding how their leadership style and behaviour impacts on others' and the organisation at large.

"I believe that through dynamic and skilled communication, I encourage my clients to fully utilise the skills and knowledge they have acquired throughout their career, maximising their personal potential for professional gain. This valuable development reduces future risk and derailment, a major benefit to a large organisation that needs absolute stability at the highest levels of leadership."

Examples of Recent Assignments

Margaret's consultancy focus tends to be on the coaching of business leaders that are active in the sectors of Nutrition, Banking and Finance, Oil and Gas, Telecommunications, Pharmaceuticals, Hospitality and Law. She predominantly coaches C-Suite and Senior Management, many of which are commercial and government leaders and 'high flyers' working within fast paced environments, carrying out extremely pressurised roles. One of her key projects has been as Lead Coach with London Business School Coaching Senior Leaders throughout Europe, Middle East and Africa in one of the leading Food and Beverage Industries. Their leaders are given the opportunity to transition upwards into new roles which involve moving Countries and working in different environments and cultures.

These transitions can be demanding personally and professionally and coaching enables them to discuss their approach and to consider effective planning and priorities. Margaret also facilitates on London Business School's Executive MBA and Emerging Leaders Programmes.

Business Experience

With Organisational Psychology and Executive coaching experience in the UK and Middle East that spans three decades, Margaret has expertise in the areas of Leadership Assessment, Professional Development, One to One and Group Executive Coaching. She has lived in the Middle East Region for over ten years and has worked extensively throughout the UAE, GCC and beyond. During that time, she has worked with clients from a variety of multi-national, public and private organisations based in Bahrain, Qatar, Kuwait, Lebanon, Syria, Oman and Saudi Arabia. Before moving to Dubai Margaret was Manager/Psychologist of an innovative Brain Injury Service in Scotland where she managed a team of six staff and three assistant psychologists.

Contact

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Training, Qualifications and Accreditations

Margaret is a Chartered Organisational Psychologist holding an MA (Hons) degree from Aberdeen University. She holds an up to date Practising Certificate from the Health Professional Council (HPC) and British Psychological Society (BPS) and is a Full Practitioner Member of the Division of Occupational Psychology and the Division of Neuropsychology.

She is also a Founder Member of the BPS Special Group in Coaching Psychology, a Member of the Society for Coaching Psychology and a Member and Accredited Coach through the Association of Coaching in the UK. Margaret also holds a Diploma in Coaching through Coaching and Mentoring International (now The Coaching Academy) and Certificates in Cognitive Behavioural Coaching and Stress Management from the Centre for Coaching. She is qualified and experienced in a number of tools such as the Hogan Personality Questionnaire, MBTI Step 1 and 2, 15FQ+, OPQ, NEO, Firo B, EQi, Saville Wave and various ability tests, neuropsychological tests and 360-degree feedback.

Personal Philosophy

I am passionate about life-long learning and development and believe that a coach acts as a catalyst for change, for example assisting the client to increase their self-awareness and see things from different perspectives in order to choose the most appropriate way to behave towards each particular person or situation. To do this I work with them to build on the belief that they themselves have the knowledge and skills within them to reach their full potential and to find the passion and motivation to drive this forward.

Other Interests

Margaret is currently participating in a Coaching Supervision course to become an Accredited Supervisor of Coaches. She is keen to promote Coaching as an ethical and professional industry and ensure the safety and well-being of coaches.